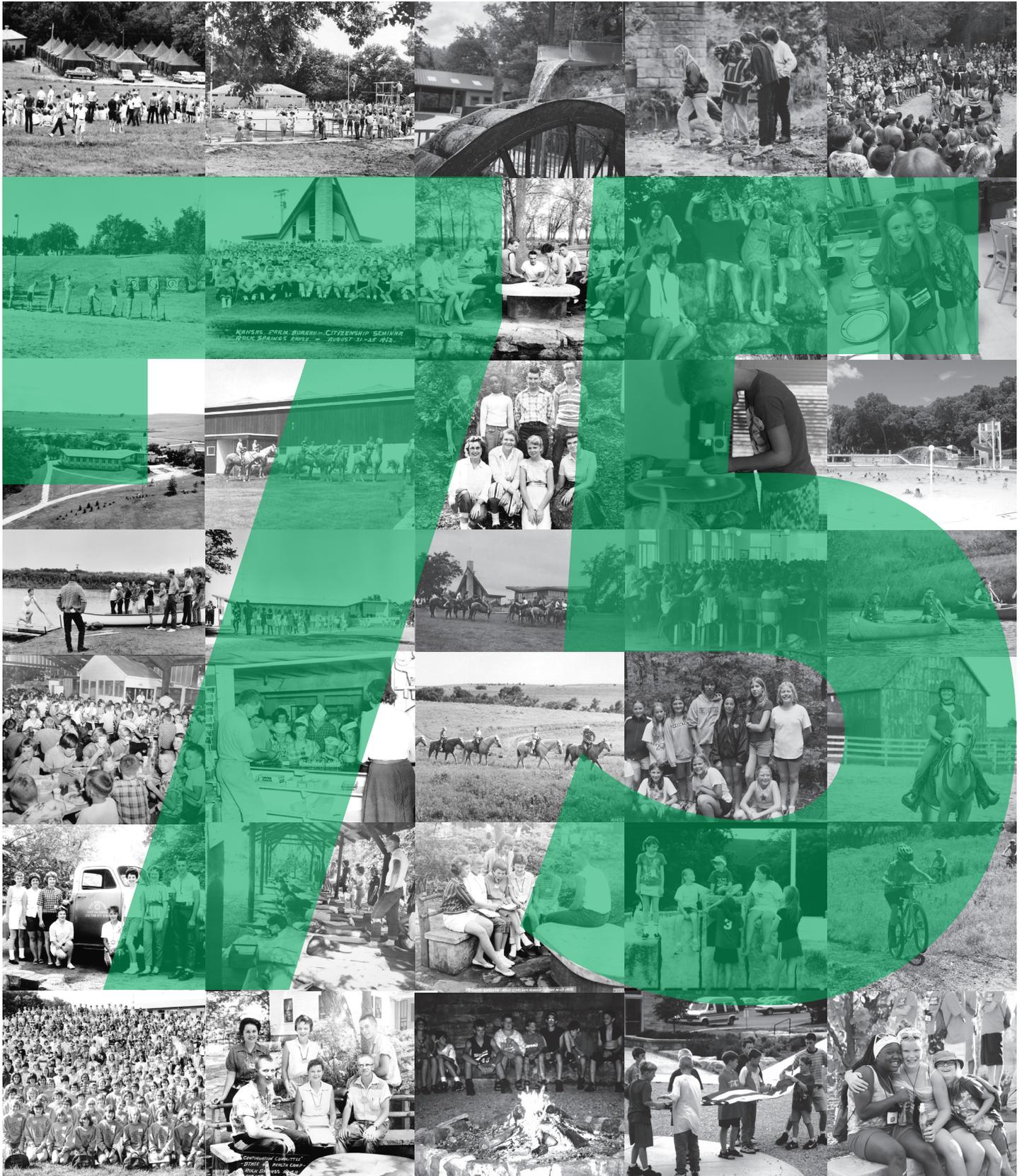


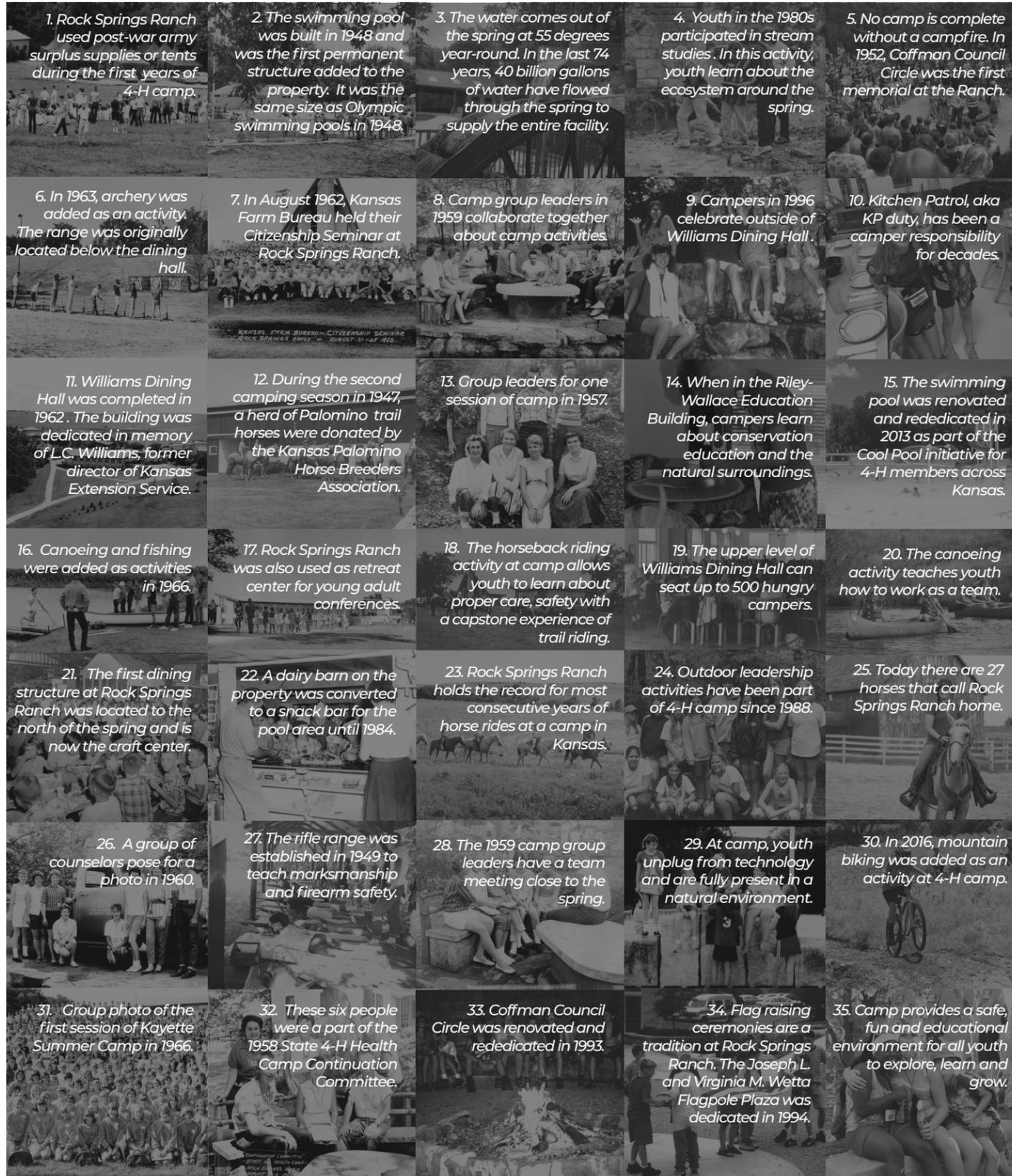
THE PLEDGE

KANSAS 4-H FOUNDATION

OCTOBER 2020



ON THE COVER



CONTENTS

FEATURES



CELEBRATING 75 YEARS OF ROCK SPRINGS RANCH 3



GENERATIONS OF GENEROSITY 4



PIONEERING ANOTHER 75 YEARS OF 4-H CAMP 5



CONTINUING THE TRADITION OF YOUTH PHILANTHROPY 7



VALUING PURPOSE OVER PRACTICE 9



CAMP CREATES A SENSE OF BELONGING 10



LEADERS OF TODAY 11

4-H FORMULA 13

4-H FAMILY NOTES 15

CREATIVELY PLEDGING HER HANDS TO LARGER SERVICE 17



KANSAS 4-H
FOUNDATION

Kansas 4-H began in 1905 when organized groups of youth came together to “learn by doing.” In 1914, the Smith-Lever Act established the Cooperative Extension System connected to Land Grant universities and nationalized 4-H as a positive youth development program. As Kansas 4-H grew, a national trend for 4-H camping was growing, and Kansas 4-H Clubs purchased Rock Springs Ranch in 1946.

In November 1952, a committee of Kansans convened to determine what entity should hold the title of Rock Springs. With a vision for providing educational opportunities for Kansas youth, this committee created the Kansas 4-H Foundation as a 501(c)(3) nonprofit. In addition to holding the title for the property of Rock Springs, early Foundation goals included international programs, leader training and advancement of Rock Springs Ranch.

The Foundation continues to partner with the Kansas 4-H program to meet the evolving needs of Kansas youth and develop future leaders. We acknowledge and appreciate our longtime 4-H friends. Their lifetime of generosity creates new opportunities for the youth of Kansas.

PHOTO BY AARON MORALES
FINNEY COUNTY

celebrating 75 years OF ROCK SPRINGS RANCH



In 2021, we will celebrate 75 years of 4-H Camp at Rock Springs Ranch. What a special milestone that is for Kansas! From the flowing spring to tallgrass prairie, Rock Springs is a microsystem that contains all the beauties of our state. Yet, the most vibrant aspect is the 4-H youth we serve. The natural setting at Rock Springs Ranch is conducive to their self-discovery and emotional growth. What kids learn while exploring the 735 acres is then taken back to their local communities. It is easy to see why 4-H'ers have enjoyed spending part of their summer at Rock Springs for nearly 75 years.

The events of this year have caused us to stop and think about the things we value, how we spend our time, and who we spend our time with. It has reaffirmed my connection and commitment to Kansas 4-H and the youth we serve. This commitment to youth is shared by both current and past Foundation trustees, and their leadership experience has been instrumental in envisioning the future. The board believes that at this time, it is vitally important that we continue to provide another 75 years of remarkable camp experiences for Kansas youth.

To create the transformational impact we envision at Rock Springs, it will take effort, leadership, and philanthropic support. I believe the time is right, because the work by previous board members along with our professional staff has positioned us to evolve the Rock Springs Ranch experience to even greater heights.

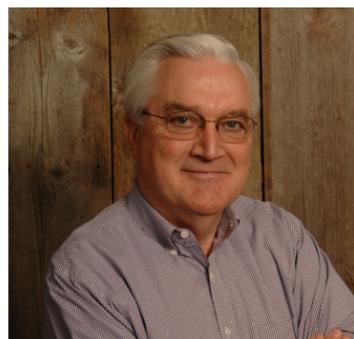
The Foundation board is committed to inviting generous individuals and organizations across the state to invest in this important resource. The work of philanthropy in the coming years will support:

- **Increased camper care and security**
- **Creating centers of excellence**
- **Expanding the impact of Kansas 4-H through Rock Springs Ranch**

With increased camper care and security, youth will have a safer environment for their physical, mental and emotional well-being. The centers of excellence will help Rock Springs Ranch excel in programming for youth and adults to master specific skills they can't experience elsewhere. By establishing proper care and centers of excellence, Rock Springs Ranch will be positioned to reach new audiences. This year is a transition period for us to update the property and programming that Rock Springs has to offer.

I appreciate the opportunity to serve on the Foundation board and contribute positively to Kansas 4-H. I look forward to continuing our efforts to plan for the future of Rock Springs Ranch and Kansas 4-H.

Let's keep moving forward!



WARREN WEIBERT
BOARD CHAIR



The Clutter Memorial Shelter was established in 1963. Campers frequent the shelter on their way to the spring and swimming pool.

generations of **GENEROSITY**

The outdoor shelter close to the spring and the swimming pool at Rock Springs Ranch is more than just an outdoor learning area. It represents generations of generosity. Herbert and Bonnie Clutter were 4-H club leaders and avid supporters of Rock Springs Ranch. After the tragic deaths of Herb, Bonnie and their teenage children Nancy and

Kenyon in 1959, the remaining family and friends named this outdoor shelter to honor their lives. Thus, the Clutter Memorial Shelter at Rock Springs Ranch was established in 1963. Their daughters, Eveanna (Clutter) Mosier and Beverly (Clutter) English continued the family legacy of supporting Kansas 4-H. After Eveanna Mosier's passing in 2019,

memorial funds were given to renovate the shelter. The renovation will enhance access to shelter with ADA accessible sidewalks and new lighting and sound to support it as an outdoor classroom. As the legacy of giving continues, three of their grandchildren reflect on what an important place Rock Springs Ranch has been for their family.

"The highlight of every summer was getting to go to Rock Springs 4-H camp. My grandparents were instrumental in 4-H and supporters of camp. I am glad the memorial funds from their funeral, as well as, memorial funds from my mother, Eveanna Mosier, have gone to build, and now renovate the Clutter Memorial Shelter. I feel inspired to give to this beautiful camp to give children and families an opportunity to learn about nature through activities like horseback riding and archery."

- **MITZIE (JARCHOW) EDDINS**
SPRING HILL, KS

"I grew up hearing about my mom and aunt's 4-H experiences in western Kansas. My grandparents were active in leading the Sherlock Strivers 4-H Club. A few years ago on a trip back to visit my family, we were able to visit Rock Springs with my kids, my sister (Jolene) and two of her children and my parents. As Jolene and I laughed about our memories of camp, our children were able to experience part of the history with us."



- **DARLA (ENGLISH) OUTCAULT**
YARDLEY, PA

"Rock Springs Ranch is a special place for our family. The Clutter Memorial Shelter is a tribute to the rich heritage of involvement and leadership of my grandparents in 4-H. I don't think I ever missed a summer at camp! I am thankful there is a camp like this for kids to get away to and experience all the fun and learning that Rock Springs offers. There is nothing quite like camp and it is more important than ever for kids today to have this experience."

- **JOLENE (ENGLISH) COX**
TROUTDALE, OR

pioneering another 75 YEARS OF 4-H CAMP

Rock Springs Ranch has been the destination for Kansas 4-H campers every summer since its founding in 1946, nearly 75 years ago. It's very likely you may have camped there as a child or you know someone who did. It is a true gem for 4-H and the entire state of Kansas. 4-H camp is a capstone experience for youth to fully engage in the 4-H experience with others. At 4-H camp, kids learn mastery, independence, belonging and generosity - the four essential needs of youth.

About four years ago, in preparation for celebrating 75 years of camp, leadership at the Kansas 4-H Foundation began work on conceptualizing the vision for the future of Rock Springs Ranch. Jake Worcester, Kansas 4-H Foundation President/CEO and Jim Wheaton, Ranch Executive Director, lead the team and partners, including K-State Research and Extension (KSRE), in a master planning exercise to address the needs and opportunities for the next 25 years of Rock Springs Ranch and 4-H Camp.

The master planning exercise resulted in defining a new and enhanced camp model for Rock Spring Ranch. The new camp model is being designed with American Camp Association best practices and will feature expanded camp sessions, developmentally appropriate activities for all 4-H members and increased access to 4-H camp.

"We have 75 years of camp history on which to build," Worcester said. "In order to honor that, we need to create a camp experience that has an even greater impact for the next 75."

CAMP TASK FORCE

Happening parallel to the master planning exercise, Wade Weber, Kansas 4-H Leader, put together a camp task force led by Amy Sollock, 4-H Youth Development Specialist, to discuss consistency among camp group operations and risk management.

"Over the past several years, many states across the country have had to make the unfortunate decision to discontinue 4-H camp due to operational challenges and risk management issues," Sollock said. "Camp is too important for that to happen in Kansas. During this process, Kansas 4-H has renewed their commitment to providing camp as a 4-H delivery model."

In the last two years, the camp task force has been engaged with Rock Springs Ranch staff to discuss topics including how to evolve the camp experience and processes for moving toward a centralized camp model, in which all camp sessions will follow the same basic framework. The camp task force is made up of representatives from every 4-H camp group from across the state.

"Each camp group had their own unique traditions," Sarah Maass, Central Kansas District 4-H Youth Development Agent, said. "With a centralized camp model, we will be able to confidently describe the 4-H camp experience that all Kansas youth have regardless of what camp session they attend."

The camp task force has been beneficial in moving



Activities like archery, stream studies and horseback riding allow youth to learn and explore in a safe and inclusive environment.

forward with a new camp model and will remain an active part in the evolution. In 2022, the task force will transition to an advisory committee which will provide guidance toward 4-H camp programming.

"The camp task force partnership between KSRE, Rock Springs and the Kansas 4-H Foundation represents a strengthened and renewed focus on shared vision for 4-H immersive overnight camp experiences," Wheaton said. "We all agree, camp is too important to fail, and it is needed now more than ever for our current and future youth."

NEW CAMP MODEL

This year presented challenges but has not stopped the process of implementing the new camp model. Ensuring youth have a safe, fun and educational experience at camp remains the number one priority, and that was reinforced this year with a global pandemic.

KSRE responded to the COVID-19 pandemic in May with the decision to not host 4-H Camp in 2020. Rock Springs Ranch supported that decision for the safety of the youth and staff. This decision gave leadership the time to focus on ramping up for an unforgettable 2021 camp experience with increased health and safety.

In 2021, youth at 4-H camp will experience new programming and elevated health and safety measures. A new health center with qualified medical personnel will be equipped to handle the physical, mental, emotional and social health needs of campers. There will also be renovations completed in lodging facilities making it safer and more comfortable for campers. These changes will help create an environment where all youth can thrive.

"Over the last several years, more youth are coming to camp with medical needs," Maass said. "Having a new health center with permanent staff and consistent practices will ensure campers have the highest quality care."

After a hybrid camp year in 2021, Rock Springs Ranch staff will gear up for completely implementing the new camp model the following summer. The new model includes extended camp sessions, camp opportunities for all youth from seven

to 18, adult counselors and open enrollment. Starting in 2022, 4-H camp sessions will be expanded to six full days to ensure campers have the time to experience more activities, get to know counselors and make lifelong friends. This increased length of camp will lead to exponential growth by giving them the space to try, chance to learn and the opportunity to fail and try again.

This extended camp experience will be available to all 4-H youth. A new Counselor In Training program will debut as an opportunity for youth 13-18 to learn, grow and enjoy camp, without the responsibility of caring for a group of younger 4-H campers.

"From ages 7-18, we will offer developmentally appropriate 4-H camp experiences," Sollock said. "I am really excited about the new and improved programming that we'll offer to high school age youth. I think they're going to love it. Our

hope is that it is a premier leadership development experience that will be highly sought after."

In addition to longer sessions, enrollment will be open to both 4-H members and non-4-H members. This will provide an opportunity to

reinforce 4-H values with current participants while, at the same time, become an entry point for new audiences to be introduced to the 4-H positive youth development program.

"We believe that 4-H camp is something that all children should have the opportunity to experience," Sollock said. "We have been doing it well for 75 years. The new experience is going to be that and so much more! From every corner of the state, every young person will receive the same high quality 4-H camp experience."

"With a centralized camp model, we will be able to confidently describe the 4-H camp experience that all Kansas youth have regardless of what camp session they attend."

- Sarah Maass, Ph. D.,
Central Kansas District, 4-H Youth Development Agent



ROCK SPRINGS RANCH
ESTD 1946

Campfires at Coffman Council Circle are some of campers favorite memories of 4-H Camp at Rock Springs Ranch.

LIKE WHAT YOU ARE READING?

Be one of the first 25 readers to tell us what you enjoy about this publication to receive a free gift. Send your feedback in an email to info@kansas4hfoundation.org



continuing the tradition of YOUTH PHILANTHROPY

Generosity is one of the basic elements taught to youth throughout their time in 4-H. From the first time they say the pledge, youth learn the importance of giving back to “their club, their community, their country and their world.” Philanthropy is at the heart of 4-H.

When youth give their time, talent and treasure to others, they experience how philanthropy can transform their communities and beyond. Their experiences and knowledge change as they grow and develop as leaders.

Since 4-H began in Kansas in 1905, youth have been giving back in unique and generous ways. Historically, there have been significant projects completed - all because 4-H members had an idea and wanted to pass on their generosity for future generations to come.

In 1945, the land that is now part of Rock Springs Ranch was purchased to become the new home for Kansas 4-H camp. Less than five months after the effort began, 4-H members and their friends raised the money for the property - \$22,500 at the time. They raised the funds to pay off the mortgage before the first camping season had even begun. In June 1946,

more than 1,500 4-H youth participated in the mortgage burning at State 4-H Round-up. This was a historic ritual to celebrate the significant accomplishment of true ownership and served as the first of many projects youth would fund with their collective giving.

Since that day, youth have felt empowered to participate in crafting the vision for Rock Springs Ranch. It’s been a part of who they are from the very beginning and speaks to the pride they have for Rock Springs Ranch. Whether it was a new Olympic-size pool, the first in Kansas, or leading the charge to encourage individuals, foundations and businesses to support the positive youth development of 4-H, youth have felt encouraged to discover, explore and dream.

This tradition of paying it forward has continued throughout the years. More recent examples include the Cool Pool campaign that took place in 2013. Through this youth-led campaign, 4-H Clubs across the state raised over \$30,000 for the upgraded pool at Rock Springs Ranch.

“The Cool Pool campaign was about so

1. In 1946, Master 4-H Club members break ground at the new Rock Springs Ranch after paying the mortgage of the property.

2. Kansas 4-H Youth Leadership Council members, Leigh Ann Maurath and Leah (Kimzey) Clawson celebrate after raising funds to renovate the swimming pool at Rock Springs Ranch.

3. One of the first Kansas 4-H Clubs to give to the Stack The Plates Initiative to replace dinnerware at Rock Springs Ranch.

4. Youth leaders are currently planning the next initiative for Rock Springs Ranch. What do you think it will be?

much more than just a pool,” Leigh Ann Maurath, 2012 Youth Council president said. “Knowing that others before us worked so hard to make things happen was inspiring and motivating for myself and other youth leaders to continue the tradition of supporting future youth. I am so honored to have been a part of the opportunity, but I am even more excited for the next set of youth leaders to promote philanthropy for Kansas 4-H.”

Another significant example of youth demonstrating leadership through philanthropy was the Stack the Plates campaign in 2015. Once again, Kansas 4-H clubs came together to raise almost \$30,000 to replace over 600 dinnerware sets with 225 clubs participating in the campaign, representing 85 Kansas counties. The dish sets continue to be a special part of Williams Dining Hall, proudly displaying the 4-H clover to all who visit Rock Springs Ranch.

As we are all aware, 2020 has presented a new set of challenges. However, even in the midst of a global pandemic, 4-H youth have no desire to slow down on their philanthropic traditions. They continue to share the desire to come together and be a part of something bigger than themselves.

In fact, youth leaders are in the planning stages of a new, significant initiative to be in place when they return to 4-H Camp in 2021! This project demonstrates the determination, teamwork and leadership skills needed to overcome challenges while leading the way for future generations. Stay tuned for more updates and details to be shared in the coming months! In the meantime, we encourage you to submit your guess of what the next initiative at Rock Springs Ranch will be for 4-H youth. Send your guess by email to info@kansas4hfoundation.org. What do you think 4-H youth will conquer next?

WHAT DO YOU THINK WILL BE THE NEXT INITIATIVE?

Youth leaders are in the planning stages of a new, significant initiative at Rock Springs Ranch that will be in place for 4-H Camp next summer.

**SEND YOUR GUESS BY EMAIL TO
INFO@KANSAS4HFOUNDATION.ORG**



1946

2012

2015

2021



In 2020, Kansas 4-H members have participated in hybrid county fairs, virtual Emerald Circle, club meetings via video and social distanced project competitions.

valuing purpose OVER PRACTICE

I don't know about you, but I didn't sign up for this 2020! The year has challenged us in ways we never imagined, but I can't be more proud of our 4-H members, volunteers, parents and staff who have shown resilience, grit, and determination in responding. We had hybrid county fairs, pulled off virtual Campference, Discovery Days, and Emerald Circle, experienced State Fair exhibits and judging in new ways, and on October 1 launched the new 4-H year. The critical work of using our heads, hearts, hands and health to grow and give continues, and it has reinforced our need to value **purpose over practice!**

In 4-H, the ways we get things done (**practices**) get a lot of attention. Community Club meetings, project work, camp, fair and more come to mind. However, we need to remain focused on why we do what we do and our impact (**purpose**). In 4-H, that means meeting the essential needs of youth: belonging, independence, mastery and generosity, regardless of how it happens!

When 4-H meets these needs, youth have the foundation on which to grow and learn. 4-H puts young people in hands-on learning opportunities together with caring adults. But what youth learn is not nearly as important as how they learn! Learning alongside adults and their peers, navigating working as a team, making their own decisions, and finding the spark that ignites passion creates the citizens that make Kansas a better place to live, work and play.

In May, donors across the state came together and

raised over \$100,000 for the Kansas 4-H Resilience Fund. This fund supports efforts to enhance accessibility in the Kansas 4-H program by designing more resilient and adaptable programming. It creates sustainability and will allow us to continue 4-H opportunities regardless of the challenges that come our way in the future. It is also funding camper care and safety enhancements at Rock Springs Ranch and the camp programming changes that will ensure Rock Springs Ranch remains true to its purpose for years to come.

4-H is about more than just youth. It's about building better families, communities, and industries. And it always has been! We just have the incredible privilege of creating better communities through youth. We empower them with a place to belong, the skills to succeed, the independence to lead, and the generosity to give back to those around them.

Thank you for your commitment to transforming our communities and our state through youth.



JAKE WORCESTER
PRESIDENT/CEO

camp creates a SENSE OF BELONGING

Throughout the COVID-19 pandemic, many youth have proven to be resilient and independent while continuing to master new skills. Yet, other kids lost their sense of belonging. Every child's situation is different, but one thing is true: Kansas 4-H is essential and uniquely positioned to make a positive impact on the lives of young people now more than ever before.

According to a study done by National 4-H Council, teen mental health has suffered from social distancing and the widespread uncertainty brought by the COVID-19 pandemic. It also revealed that the majority of teens are currently experiencing mental health issues and are often unsure of where to turn to for support.

4-H experiences, like 4-H camp, provide a safe environment for young people to grow, be themselves and have a support system.

"With the year we have had, I believe we will see even more growth in youth after they have been to camp," Jill Martinson, Chisholm Trail District 4-H Youth Development Agent, said. "As youth shift back from being connected by technology to being together in person, they will need time to adjust. The experiences and opportunities that camp provides in a group setting will be significant to their personal growth and emotional well-being."

Parents of campers are able to see the value of camp through the skills their children gain as part of positive youth development.

"When my kids go to 4-H camp, they gain independence and experience a sense of belonging," Luther Hamman, Pottawatomie 4-H parent, said. "Camp helps them gain independence by being self-reliant and developing self-confidence. When they develop new bonds with others and work as a team they feel like they belong."

4-H as a positive youth development program, is designed to meet the four essential needs of youth: mastery, belonging, independence and generosity. These needs are met through a variety of different 4-H opportunities. Positive youth development is experienced at club and project meetings, county fairs, leadership training, judging opportunities and 4-H Camp. 4-H Camp at Rock Springs Ranch has been a 4-H delivery method for nearly 75 years.

4-H experiences, like camp, help youth build a firm foundation that encourages good decision-making and strong interpersonal skills. Social-emotional health is the cornerstone to confident, caring young leaders who understand how to take care of themselves both mentally and physically, which is key to healthy living. And positive youth development is exactly what youth need right now.



7 out of **10** TEENS have endured mental health struggles during the pandemic.

64% of teens believe that COVID-19 will have a lasting impact on their generation's mental health.

79% of teens wish there was an inclusive environment or safe place to talk about mental health.

The survey, which polled over 1,500 youth between the ages of 13-19 nationwide, was commissioned by National 4-H Council and conducted by The Harris Poll.

CAMPERSHIPS

Camp will be more important than ever in 2021.

Camperships provide much needed support for youth who are interested in attending camp, but due to financial constraints, are unable. The need for Camperships has increased significantly due to the current economic climate. All Kansas 4-H members who want to participate in 4-H Camp should have the opportunity to do so.

Your gift of a campership will ensure that all youth in Kansas have the same opportunity to explore, learn and grow at Rock Springs Ranch!

FOR MORE INFORMATION ABOUT HOW YOU CAN GIVE THE GIFT OF CAMP CALL (785) 532-5881 OR EMAIL US AT GIVE@KANSAS4HFOUNDATION.ORG

LEADERS OF ~~TOMORROW~~ today!




Kansas 4-H members at Citizenship in Action learn new leadership communication skills to communicate with each other about current issues.

YOUTH LEAD COMMUNITIES TO DISCUSS CURRENT ISSUES

Leaders of tomorrow? More like leaders of today. Kansas 4-H is piloting an initiative, Community Conversations, to teach youth interpersonal communication, facilitation and dialogue skills.

The Community Conversations initiative stemmed from an unmet need within Kansas communities.

“We were coming to a very polarizing time as a nation and youth can sense and feel that,” Aliah Mestrovich Seay, Kansas 4-H youth development specialist said. “We launched a leadership communication series that is addressing the needs of youth across Kansas to be able to have tough conversations about issues that are going to impact them significantly now and in the future. Our goal is to position youth to know how to talk to each other, hold tension creatively, and to be inclusive leaders.”

The Community Conversation initiative is a series of leadership communication trainings where youth learn new skills to be a more inclusive and involved citizen. One training class is called Conversation

Boot Camp where participants learn how to position empathy as a leadership skill, develop active listening techniques, and explore communication and conflict style differences. Youth have the option to become trained facilitators for the capstone event of the series: Community Conversations.

These youth facilitators use issue guides through the National Issues Forum Institute (NIFI), to frame these conversations about current topics like opioids, mental health and mass shootings. NIFI creates issue guides to help young people deliberate together about how they should approach an issue. 4-H youth participants use the Principles of Civic Discourse created by the K-State Institute for Civic Discourse and Democracy to share their differing viewpoints while maintaining civility. Facilitators support the group process

while practicing neutrality.

“The goal is to hear out our differences,” Jaryth Barten, Kansas 4-H Stories Matter Coordinator, said. “Instead of just debating on finding the best way, we sit down and first find out what we agree upon.”

Once trained as a facilitator, participants schedule a conversation in their local community about a current topic and invite others. By facilitating a conversation and utilizing the NIFI issue guides, youth are practicing leadership skills learned through 4-H, but in a new way.

“4-H youth have long been known for their ability to lead and speak in public,” Jake Worcester, President/CEO said. “What Community Conversations is teaching is not just the

ability to speak in front of a group. It is teaching the ability to relate, listen and to think bigger than oneself.”

Another training within this Leadership Communication series is Visual Thinking Strategies where participants were asked a series of questions that guide them through viewing art.

“The facilitation method we taught in Visual Thinking Strategies fosters collaborative, inclusive, community-building dialogue,” Barten said. “The method teaches participants how to start sharing and listening to differing perspectives.”

The Kansas 4-H program collaborated with Kansas State University’s Staley School of Leadership Studies, the Institute for Civic Discourse and Democracy, and the Beach Museum of Art to develop tools, guidelines and resources to support the Community Conversations initiative.

“The collaboration with the Institute for Civic Discourse and Democracy at K-State has helped us teach Community Conversation participants about civil discourse,” Barten said.

Civic discourse is a way for people to communicate on public issues through engaged conversation. This way of

communicating values inclusiveness, equality, reciprocity, reflection, reason-giving, and shared decision-making.

The facilitation model taught in Community Conversations was piloted state-wide in February 2020 at Citizenship in Action. Citizenship In Action is a state 4-H event where youth learn about the state legislative process and how their voice and participation in decision-making can make a difference in their communities. Kansas 4-H members learned new tools for leadership and communication and demonstrated them during the mock legislative session.

“Instead of just having debates at Citizenship in Action, youth learned how to facilitate and practice civil discourse,” Barten said. “The tools we are using are not that new, it is just that we are using them in new, engaging ways.”

Since March, Community Conversations has adapted and is continuing online.

“Being online has actually been easier to get people together,” Barten said. “We have all had to learn a new way to communicate in video chat and it hasn’t stopped us from continuing to have Community Conversations.”

For the remainder of 2020, the state 4-H program is working on turning Community Conversations into a sustainable leadership communication series so all Kansas 4-H members will have access to resources and facilitation training.

“Kansas 4-H efforts to grow vitality in our communities are exemplified by programs like Community Conversations,” Worcester said. “We know youth have the power to transform the communities in which we live. I invite all Kansans who care about our communities to join together as donors to the Kansas 4-H Foundation Community Vitality Fund to provide the resources necessary to transform this pilot into a signature program.”

INSPIRED BY WHAT YOU ARE READING?

Are you interested in learning more about what Kansas 4-H is doing and how you can support it? Contact us to learn more by sending an email to info@kansas4hfoundation.org.



8 PRINCIPLES OF CIVIC DISCOURSE

Civic discourse is a way for people to communicate on public issues through engaged conversation. This communication method values being inclusive, showing equality, listening, reflecting, and making decisions together. These eight principles were developed by the Institute for Civic Discourse and Democracy at Kansas State University.



SEEKING UNDERSTANDING AND COMMON GROUND



EXPECT AND EXPLORE CONFLICTING VIEW POINTS



GIVE EVERYONE THE OPPORTUNITY TO SPEAK



LISTEN RESPECTFULLY AND THOUGHTFULLY



OFFER AND EXAMINE SUPPORT FOR CLAIMS



APPRECIATE COMMUNICATION DIFFERENCES



STAY FOCUSED ON THE ISSUES



RESPECT TIME LIMITS

WHAT IS BEHIND THE STATE'S LARGEST POSITIVE YOUTH DEVELOPMENT PROGRAM?

Kansas 4-H is the largest positive youth development program. Our state's 4-H program is led by a team of experts who use data and research from National 4-H Council and locally to produce programming that meets the needs of youth. 4-H is more than just fun.

The 4-H Formula, which combines the essential needs of youth with educational content, describes how 4-H effectively provides youth development in Kansas.

4-H FORMULA

4-H IS THE LARGEST POSITIVE YOUTH DEVELOPMENT PROGRAM IN KANSAS

ESSENTIAL NEEDS

Youth have 4 essential needs to aid in their development process. The Essential Needs are embedded in the learning process and youth have the opportunity to put these Essential Needs into practice in each 4-H experience.



BELONGING

Youth need to know they are cared about by others and feel a sense of connection to others. It is important to provide youth the opportunity to feel physically and emotionally safe while participating in activities. A safe and inclusive environment fosters a positive relationship with youth learners.

MASTERY

In order to develop self-confidence youth need to feel and believe they are capable. They must experience success at solving problems and meeting challenges. Youth need a breadth and depth of topics that allow them to pursue their own interests.

INDEPENDENCE

Youth learn to better understand themselves and become independent thinkers. Youth begin to understand that they are able to act as change agents with confidence and competence as a result of their learning.

GENEROSITY

Youth can use experiences in their project area to engage with the larger community, and in doing so they will feel more connected themselves. Learning how to be helpful to others can take many shapes, and through every level of generosity youth see a world larger than themselves and how they can have meaning and purpose in it.

CONTENT AREAS

All 4-H programming - including traditional projects - fall into the following content areas. These content areas are the key themes youth learn about based on their interests in projects, competitions and even future career areas. Educational content teaches youth mastery and provides skills that will aid them into adulthood.



STEM & AGRICULTURE



COMMUNICATION, CULTURE & THE ARTS



HEALTHY LIVING



COMMUNITY VITALITY

IMPACT

The final product of the 4-H Formula is well-rounded youth who have the life skills to lead our communities now and in the future.

I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living, for my club, my community, my country and my world.



LEARNERS



COMMUNICATORS



COLLABORATORS



CONTRIBUTORS

YOUR GIFT

Your philanthropic support impacts the lives of Kansas 4-H youth. Philanthropy makes the 4-H program possible which meet the needs of youth today. You fund impact.



CASH GIFTS

An outright gift of cash is the most efficient way to invest in Kansas 4-H youth. Make cash gifts to Kansas 4-H using a credit card through our secure online giving page, by mailing a check, or through a charitable IRA. With all avenues, you realize tax savings by deducting cash gifts from your taxable income.



RECURRING GIFTS

A recurring gift is a convenient way of meeting your annual philanthropic goal by giving weekly, monthly or quarterly. Set up your recurring gift on our online giving page.



MAJOR AND PLANNED GIFTS

Designated gifts are larger gifts and typically funded with cash, securities or property and provide for a long-term partnership between you and the Kansas 4-H Foundation. Estate planning is a means of leaving your legacy for Kansas 4-H.



TRIBUTE GIFTS

A gift given in tribute of another is a reflection of a truly generous spirit, as well as a way to improve the lives of others. Honor or remember a special individual or group with a gift to Kansas 4-H.



DAILY GIVING OPPORTUNITIES

Support Kansas 4-H Youth Development on an everyday basis with our partner organizations including AmazonSmile, Dillons Community Rewards and Thrivent.

DID YOU KNOW?

You can increase the impact of your gift with your employer's matching gift program. Visit our website to learn more and find out if your company has a matching gift policy. www.kansas4hfoundation.org/give

stay connected **TO KANSAS 4-H**

The Kansas 4-H family wants to celebrate when Kansas 4-H alumni accomplish great things. Stay connected with us by sharing your updates and achievements with us at <https://www.kansas4hfoundation.org/update/>.



CONNECT WITH US
ON SOCIAL MEDIA

ASHER DEPEW, CHISHOLM TRAIL DISTRICT, DICKINSON COUNTY 4-H MEMBER

Asher DePew is celebrating becoming an official 4-H member of the Fragrant Hilltoppers 4-H Club! He has tagged alongside his older sister and has been a Cloverbud, but he is very excited to get more personally involved with 4-H. Asher is most excited for the wildlife project and to be a junior recreation leader. His parents are Jill Martinson and Gary DePew. Welcome to the 4-H family, Asher!

HIGH PLAINS FARM CREDIT

During the second quarter of 2020, the High Plains Farm Credit association chose the Kansas 4-H Foundation as the non-profit for their employees "pay to wear jeans" initiative.

Additional funds were donated from High Plains Farm Credit on behalf of their stockholders, directors and employees. High Plains Farm Credit employees gave \$5,000 which was then matched by CoBank for a contribution of \$10,000 to Kansas 4-H youth. High Plains Farm Credit and Cobank join Emerald Alliance, the giving society for businesses and organizations that contribute \$1,000 or more.

CAROLYN AND ALLAN HARMS, SEDGWICK COUNTY 4-H VOLUNTEERS

Carolyn and Allan Harms were pleased to meet one of the recipients of the 2020 Harms Family Scholarship, Brittni Winter. They all enjoyed a nice visit while reminiscing on 4-H memories and sharing how 4-H continues to be an essential part of their lives.



Carolyn and Allan with scholarship recipient, Brittni Winter.



Jake Worcester, President/CEO receiving a check from Kevin Swayne, CEO, and Rob DeWeese, CLO of High Plains Farm Credit.

AMANDA LINDAHL, CHISHOLM TRAIL DISTRICT, DICKINSON COUNTY 4-H ALUMNA

Amanda Lindahl accepted a new position as a Farmer Trainer for the "New Roots for Refugees" program at Cultivate KC. In this program, Amanda facilitates a 4-year training program with 16 refugee farmers on 9 acres of land and trains them to become independent farmers. Each farmer learns how to successfully grow in the Kansas City region and acquires the marketing skills and confidence to become independent small business owners. She accredits 4-H for giving her the opportunity to discover her love of serving others. Following her undergraduate degree in Bakery Science from Kansas State University, Amanda knew she wanted a career that valued people over profit. Amanda has a master's degree in Urban Food Systems from Kansas State University. She has been giving back with over 10 years of non-profit community engagement work.



Amanda serves as a Farmer Trainer for the "New Roots for Refugees" program at Cultivate KC.

CHRISTINA MILLER, FLINT HILLS DISTRICT, MORRIS COUNTY 4-H ALUMNA

Christina Miller has earned significant achievements in her professional career. In 2019, she was named Forbes 30 Under 30 for Marketing and Advertising as well as The Drum's 50 Under 30 as an outstanding woman in creative and digital. Christina works at VMLY&R as the Connections Director with a specialization in Social Media Strategy. After living in New York for over a year, she moved to London in March to take on an international role to lead the social strategy team



Christina also attributes 4-H for her skills and passion for horticulture and floriculture. These flowers on her balcony in London have been the highlight of her summer watching them grow.

and build the department in the United Kingdom. Moving to London and navigating life there amidst the pandemic has been a challenge, but she knows to always be resilient, thanks to her 4-H roots!

KELLY MCVICKER, RENO COUNTY 4-H ALUMNA

Kelly, a Reno Co. 4-H alumna, is a food entrepreneur, certified master preserver and founder of McVicker Pickles in the San Francisco Bay Area. In March 2020 she published a book: *Essential Vegetable Fermentation: 70 Inventive Recipes to Make Your Own Pickles, Kraut, Kimchi, and More*. Kelly learned about food preservation through her 4-H experience.

MOLLY AND EARL MCVICKER, RENO COUNTY 4-H VOLUNTEERS

Molly and Earl McVicker celebrated their 50th wedding anniversary on August 15th, 2020. They got married in Manhattan, KS as they were starting their senior year together at Kansas State University. Although their original celebration plans got canceled due to COVID-19, they look forward to a family trip in the future. Molly serves as a member on the Board of Trustees for the Kansas 4-H Foundation.

ELIZABETH ROACH, MEADOWLARK DISTRICT, JACKSON COUNTY 4-H ALUMNA

Elizabeth graduated from Kansas State University in May 2020 with a degree in Supply Chain Management. As a student, she received the Vanier Family 4-H Scholarship and spent nearly two and a half years as a Collingwood Intern at the Kansas 4-H Foundation. After concluding her internship with the Foundation in September of 2020, she was able to jump right into her professional career at Textron Aviation in Wichita, KS as an Aftermarket Buyer.

MILDRED O. WALDREN, GREELEY COUNTY 4-H VOLUNTEER

Mildred is celebrating 70 years of being a 4-H volunteer! Mildred moved to Tribune, KS, in 1947, and began working in the Greeley County Extension Office as the office professional. At the time, Go-Getters 4-H Club needed new community club leaders. The county agent filled in, as did Mildred, for two years. In fall 1950, the Go-Getters 4-H Club asked Mildred to be their new community club 4-H leader. She accepted and continued in this roll through 2014, when the club disbanded. Mildred enjoys working with 4-H youth because they are interesting, fun to work with, and are always eager to learn. She has seen hundreds of youth pass through the 4-H program over the years, who developed into adults who continue to volunteer and give back to their

communities. She even inspired a 4-H member to make her own wedding dress. Mildred believes there is always a need to teach youth life skills so they can reach their full potential. She has enjoyed being a volunteer 4-H leader and hopes that when she can no longer be a 4-H leader that others step up and help teach youth the life skills they need.

(Top) The Go-Getters 4-H Club celebrating its 35th anniversary in November 1972. (Bottom) In September 2013, Mildred was recognized as the Monsanto National 4-H Volunteer of the year in Pittsburgh, PA, at the National Association of Extension 4-H Agents Conference.



WARREN AND CAROL WEIBERT, TWIN CREEK DISTRICT, DECATUR COUNTY 4-H VOLUNTEERS

2020 marked 50 years of marriage for Warren and Carol Weibert.

They got married on July 18, 1970 in Manhattan, KS. They are most proud of their two children who were also 4-H members. Warren currently serves as the Board Chair for the Kansas 4-H Foundation.



Warren and Carol Weibert celebrate 50 years of marriage.

HEY! WE'RE MOVING!

The Kansas 4-H Foundation will be relocating its headquarters from Umberger Hall on K-State's campus to 1680 Charles Place in Manhattan, this November. The relocation will allow for a space that:

- is more conducive to the work of hosting donors
- allows for hosting meetings internally and with external partners
- provides quality collaboration space for our team
- frees space for K-State Research and Extension in Umberger Hall

The Foundation team looks forward to working with you in this new space.

creatively pledging her hands TO LARGER SERVICE

Kansas 4-H members across the state have been creatively contributing to their communities this year. In March when the COVID-19 pandemic began, Kara Kunselman, Wild West District, Haskell county 4-H member chose to use her sewing skills to help her hometown.

Kunselman began making masks for the essential workers and others in her community. Then Kunselman created a video of her sewing a mask and posted it on social media to encourage her 4-H friends to also use their sewing skills for mask making. The tutorial was shared and now has over 2,500 views.

"I just think about how I don't want anyone to get sick," Kunselman said. "It's not fun to be sick. I just want to make sure everyone is safe."

In addition to making a tutorial to share with others, her mask making quickly became highly sought after when the Sabetha Elementary School principal asked her to make masks for the students. Kunselman loved the idea and decided to make masks for the elementary, middle, and high school students, totaling about 280 students.

"I just thought this way I can give back to my school because of all the teachers that have helped me. Plus I want to make sure all of my fellow students and peers are safe," Kunselman said.

She has a goal to make 1,000 masks for her community and fellow students. She estimates she has made around 800 masks so far.

While sewing more than 750 masks, Kunselman has tested different mask patterns to find the most comfortable and easy to make mask.

"I've made multiple different types of masks to try and find which ones I could make quicker and that I liked the most," Kunselman said.

She began her mask making with a pleated mask pattern. She tried a few other patterns before she found the best type of mask she liked to make. The current pattern she uses is called an Alta mask.

"The masks I have now are less steps, but I like them better that way. They get done quicker and also whenever you wear them, they're more comfortable," Kunselman said.

"I've topstitched so many masks I think I could do it in my sleep," Kunselman said.

On top of sewing masks, Kunselman has also been working on sewing projects for 4-H and other youth organizations. In December Kunselman began working on one of her favorite sewing projects, a prom dress.

"Almost every conversation I have ties back to 4-H because I've learned so many things in 4-H that I probably wouldn't have ever learned," Kunselman said.

Kunselman gives credit to 4-H for her successes. From 4-H she has learned how to give successful presentations, public speaking skills, leadership, and citizenship. She hopes to continue growing in 4-H.

"I hope to meet a lot of new people and gain even more leadership skills, so I can put that toward my future," Kunselman said.



Kara Kunselman, Cloverleaf 4-H Club member in Wild West Extension District made masks for all the schools in Sabetha so students could return to in-person learning.

DOUGLAS COUNTY ALUMNUS JOINS 1905 SOCIETY



Jim Pendleton, Douglas County 4-H alumnus, credits 4-H for the life skills he learned as a young person and how it prepared him for his future.

As a way to say thank you for what he gained from Kansas 4-H, he started giving every year to the Kansas 4-H Foundation. After 27 years of giving, he chose to increase his annual gift to the leadership annual giving level and become a member of the 1905 Society. Jim believes his gifts are an investment in today's youth.

"Kansas 4-H is a worthy investment in the youth of today. Not only will these youth benefit, but the entire State will benefit as these youth become solid leaders in their communities."

The 1905 Society is the Kansas 4-H Foundation's exclusive recognition society honoring leadership annual giving donors and celebrating the deep philanthropic roots of Kansas 4-H. Members of the 1905 Society set an example and inspire other 4-H alumni, parents and friends to make a difference for the youth of Kansas by giving at a leadership level annually. By giving \$1,000 or more throughout the year, you will be recognized as a 1905 Society member.



(Top) Jim and his brother, John, participated in the horse project. (Right) In 1975, Jim's family was recognized as the Douglas County 4-H Family of the Year.





KANSAS 4-H
FOUNDATION

116 UMBERGER HALL
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